




# Important Dates:

## February

14 Classroom Valentine Parties   
Accountability Meeting 3:45pm Library

15 Pieology Night

17 Friday Frenzy : Finding Dory  
3:30-5:30pm Gym

20 & 21 No School Presidents Day 

22 5<sup>th</sup> grade Young Ameritowne Fieldtrip

24 Report Cards Go Home

27 Conference Week



Jump Rope for Heart

## March

1 Cat in the Hat Day

Hilarious Hat & Pajama Day

2 & 3 No School : Conference days

## Important Phone Numbers:

Main Office: 720-554-3200 Fax: 720-554-3288

Attendance: 720-554-3295

Kids Club: 720-554-3266 Before and After School

Cottonwood Kitchen: 720-554-3271

Cottonwood Nurse: 720-554-3208

**SCHOOL HOURS: 9:00 a.m. to 3:30 p.m.**

**Snow Delay and Closure Line  
720-554-4701**

<http://www.ccsd.k12.co.us/SchoolStatus/>



**No School February 20 & 21  
In honor of President's Day!**

## Community Information Corner

Many of our community partners share information with us. To access information from the following organizations, please visit the Cottonwood Community Information Corner at the entrance of the school:

- Tae Kwon Do
- Junior Great Books
- Science Matters
- Math Club
- Play-well TEKnologies: Lego Club
- Minecraft Club
- World Languages - Spanish, French and Chinese
- Intramurals
- Destination Imagination
- Music - Band or Choir Club
- Cottonwood Photography Club: *New Session for 3<sup>rd</sup> and 5<sup>th</sup> grade starts March 23.*
- Young Rembrandts

*COTTONWOOD CRUISERS sign up will begin next week! Keep an eye out for information on how to register. The Club will begin March 9 on Thursday Mornings 8:00 -8:45am and run through race day on May 4.*



*March 27 - 31*

# Nurse Notes



Flu Season is upon us...it's not too late to get your flu shot! See below for information on flu vs. cold.



Please notify the clinic of any known infectious diseases (flu, strep, etc) that your child is diagnosed with so that we can track any trends. (720)554-3208.



The clinic is in need of leggings for girls and sweat pants for boys, all sizes. There have been a lot of wet, muddy clothes with the recent weather!

# Is It a Cold ... or the Flu?

Uh oh. You're getting that achy feeling in your joints, your throat is scratchy, and you can't seem to get warm. There's no doubt you're getting sick, but is it a cold or the flu—and does it even matter? "The flu generally comes on more quickly and body aches are a prominent feature," says **Matt Nimer**, a physician assistant specializing in family medicine at University of Utah Health Care. "The flu can cause other health issues, so it helps to know the difference." Here's a quick guide.

Symptoms	Cold	Flu
Body aches	Not usually	Almost always, often severe
Congestion, runny nose, sore throat, sneezing	Almost always	Sometimes
Exhaustion	Sometimes, but never extreme	Almost always, usually extreme
Fever	Not usually	Almost always
Headache	Sometimes	Usually
Location of symptoms	Above the neck	Entire body
Typical duration	About a week	One to three weeks

## Doc or Not?

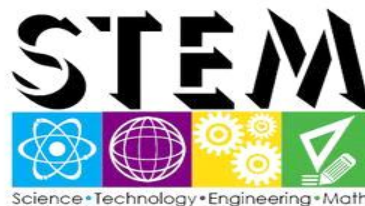
"If you think you have a cold, in most cases it's OK to treat symptoms and wait it out for a week," Nimer says. But if your condition worsens or you think you have the flu, visit your doctor right away. "There are prescription medications that help, but they need to be taken within 48 hours of symptom onset."

## STEM News:

Our focus in STEM (science, technology, engineering, mathematics) this month has been to continue with our computer coding unit and introduce robotics. Students in grades 4-5 have started to learn about the Ozobot platform. Ozobot is a miniature smart robot that can follow lines or roam around freely, detect colors, and can also be programmed. Students are making connections to real-world problems and how the area of robotics might help people solve problems. Third graders are continuing to work on coding using the Scratch platform which is a Logo based programming language. They are crafting simple projects that focus on deepening their understanding of the platform and the process of coding. First and second grade continued working on a robotics unit and will learn about the importance of belts, pulleys, gears, motors, and various other components. Students continued to use LEGO kits to build and test programmable robots to complete certain tasks. Additionally, kindergarten is focused on solving problems using the EDP process (Engineering Design Process) and how it relates to their environment. Currently, they are trying to engineer a device to capture a "gingerbread man" causing havoc in the school.

Darren Dennstedt

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## Music and P.E. News:

It is February, so Music and P.E. classes are joining together for a month of Dancing! From the Electric Slide to Footloose and Swing Dancing to Hip Hop, we are tearing up the dance floor with all kinds of fun moves. Our hope is to instill familiarity and excitement about our nation's most famous dances so that the kids don't have to "hold up the wall" at future dances they attend. We are having a blast! Feel free to invite your kids to show off their moves at home!

All 4<sup>th</sup> and 5<sup>th</sup> graders are still welcome to sign up on the music door if they would like to come in for extra recorder help and/or Recorder Karate belt testing on Monday, Wednesday, and Friday mornings at 8:45.

It is great to have our singers back in choir on Tuesday and Thursday mornings!



PE- JUMP ROPE FOR HEART IS COMING UP on Monday, February 27. Students will be bringing home all the information this week. It will be taking place through the day during the student's specials times. ALL students jump because jump rope is part of our curriculum. Kindergarten and 1<sup>st</sup> grade students jump lines and hoops to promote success and practice. American Heart Association is promoting the event with the ZOO CREW. If your student raises \$5 or more they will receive their first Zoo animal Rory, they can earn up to 6 different animals. Register online at <http://www.heart.org/jump>. They will also get to put a sticker in the Cottonwood ZOO. Let's raise some money to help fight Heart Disease and Stroke!!!

### Jump Rope for Heart Incentives

- Whichever grade gets the most stickers in the ZOO receives an extra recess.
- The class that raises the most money and the class with the most participation receive an extra game day in P.E.
- If 80% of Cottonwood student body raises \$1 or more I will sleep on the roof of the building. This has been an incentive for the past 10yrs and this goal has NEVER been met.
- Anyone who raises \$150 or more gets a chance to knock down SUMO Mundy.

Last years Top Fundraiser was Alexandra Berkley, who raised \$1245 for the American Heart Association.



Please join us for our 3<sup>rd</sup>  
General PTO Meeting of the year!

Friday, February 17<sup>th</sup>, 9am in the Cafeteria

**Guest Speaker: Officer Gary Dawson**

**How to Protect your Kids: Internet, Social Media & Cell Phones**

This was a very popular presentation at Campus Middle School.

Officer Dawson will talk to us about how this topic impacts our elementary school-aged children.





**RAISE DOUGH, FOR A CAUSE**  
**PIES with a PURPOSE**



**DINE WITH US**

**At Pieology Centennial on  
February 15<sup>th</sup>, 2017  
FROM 4PM TO 8PM**



**PRESENT THIS FLYER, SHOW ON MOBILE DEVICE, OR SIMPLY  
MENTION YOU'RE SUPPORTING COTTONWOOD CREEK ELEMENTARY**

INVEST **IN** SUCCESS

# GALA

**FOOD BEER TASTING DRINK**  
**A U C T I O N S**  
**FOOD STUDENT PERFORMANCES**  
**TICKET PRICE \$150**

MARCH 9, 2017



Cherry Creek Schools  
Foundation

[www.ccsdfoundation.org/gala2017](http://www.ccsdfoundation.org/gala2017)